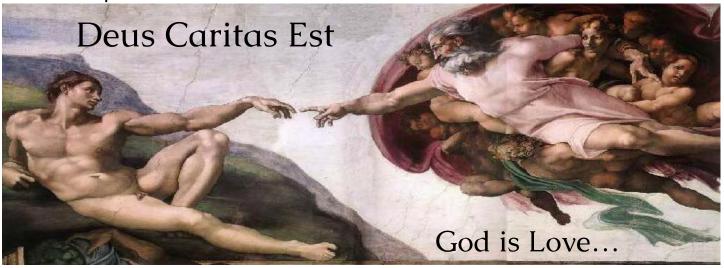
October 2024 VOLUME 8 ISSUE 1



"If we all do a little, we can accomplish a great deal."

### POLITICS AND THE POOR

By: John Anding

We are in the middle of the "political season." Candidates of all stripes offering up promises of a better life and a hope-filled future. But for seniors suffering food insecurity the future looks as empty as the plates they cannot fill. Hope for them is found not in words, but in actions that meet their bodily needs today. We do just that at Deus Caritas Est by feeding seniors in need. Our open hands nourish their bodies, tell them they have worth and bring hope that is tangible. It says they are loved, which our volunteers reinforce with periodic visits and calls. The poor are frequent political fodder for needed change, but not surprisingly the poor remain with us. History teaches that politics will not eliminate poverty. But you can through your support of our mission, one family at a time. Over these many years our call to action has been the words of Mother Teresa, "if you can't feed a hundred, then feed just one." With your help we have lived those words, issuing almost \$40,000 in grants in 2024, and almost \$400,000 over the last 15 years to 100 senior-in-need families. Most of you will cast your votes this November hopeful that it will yield a better yet elusive future. But we ask you to cast another vote, that will have an immediate and tangible effect on the lives of seniors in your community. You can say yes to helping seniors in need by putting food on their tables today, right now when they most need it. Please support our mission.

"The fruit of love is service, the fruit of service is peace."

-Mother Teresa of Calcutta

A 501(C)3 FOUNDATION

### Our Mission...

Since 2007,
our mission has been to find,
befriend and feed the
poor, vulnerable and
generally invisible elderly. Our
\$3300 annual food grants to
Spartan/Nash stores nourish their
bodies and remind them that
God's Love is at work in the
world.

## ~Hunger and Seniors~

"In 2022, 6.9 million out of 79 million seniors in the United States were food insecure, the most recent year for which data is available ... an increase of 25%"

-Feeding America, 7/11/2024

# Your Support...

Please support our mission! Your tax-deductible contribution may be processed:

Online at
SeniorsInNeed.org
or mailed to
Deus Caritas Est
P.O. Box 2871
Grand Rapids, MI 49501

### Volunteer Outreach!

Jennifer, Tom and Mari connect with our seniors one-on-one through periodic calls and visits. They are God's hands in the world. We are all blessed by their work. Thank You!

### Uncommon Joy

What is joy? Our culture says it means having what we want. So, it goes that the athlete who wins the prize or lottery jackpot winner are both seen as overcome with joy. But what about the retired schoolteacher, auto worker or nurse who as seniors find themselves unable to put food on the table. Joy as the world knows it is not what you expect to find. Yet, that is what we see in the faces of Mary, Fannie, Pat and Terry, all seniors to whom we minister. The seed from which their joy blossoms is selflessness. They are patient in the face of adversity because they have faith. They are thankful for what they have, though they have little. They are generous with their time to help others because someone has done the same for them. In our seniors we see examples of a life well lived. Gratitude for what little they have and generosity in sharing it with others. In this way they show us what leads to real joy. As C.S. Lewis said, "Joy bursts into our lives when we go about doing the good at hand." We have been blessed to experience such joy in helping seniors in need. Please join us in "doing the good at hand." Help us feed needy seniors.

#### "In Honor Of"

Charity is thinking about someone else. And so, we honor:

- -Bruce Tuttleman by Robert Boylen
- -Mary McCall by Stacey Bybee
- -Randy Hall by Jane Kramer
- -Diana Morgenstern by David Morgenstern
- -Robert and Margaret Murphy by Eileen Anding
- -Edward and Janet Anding by John Anding